



Jelly Bean Academy Menu



MEAL NAME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cereal with Milk 2% Milk	English Muffins and Fresh Fruit 2% Milk	Buttermilk Pancakes with fresh Fruit 2% Milk	Toast with fresh Fruit 2% Milk	Scrambled Eggs with Croissant 2% Milk
LUNCH	Grilled Cheese with Veggie Sticks Water	Pasta and Meatballs Water	Chicken Stir Fry with vegetables Water	Penne Al Forno with minced meat and Red Sauce Water	Hearty Vegetable Soup with Dinner Roll Water
AFT. SNACK	Yogurt and Fruit Salad Milk/Water	Pita with Veggie Sticks Milk/Water	Crackers and Cube Cheese Milk/Water	Rice Cakes with Fresh Fruit Milk/Water	Muffin and Fresh Fruit Milk/Water
MEAL NAME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Toast with fresh Fruit 2% Milk	Cereal with Milk 2% Milk	Toasted Bagels with Cream cheese and Fruit 2% Milk	Boiled Eggs and Mini Croissant 2% Milk	Muffins with Fruit 2% Milk
LUNCH	Meatball Pita with Garden Salad Water	Chicken Quesadilla with Veggies Water	Sheppard's Pie with Corn Water	Cheese Pizza with Veggie Sticks Water	Chicken and Rice served with Steamed Mixed Vegetables Water
AFT. SNACK	Yogurt and fresh fruit Milk/Water	Granola Bar with Fresh Fruit Milk/Water	Gold Fish Crackers with Fresh Fruit Milk/Water	Bear Paws with Fresh Fruit Milk/Water	Apple Sauce with Oatmeal Cookies Milk/Water
MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	English Muffins and Fruit Spread 2% Milk	Toasted Bagels with Cream cheese and Fruit 2% Milk	French Toast with Fruit 2% Milk	Buttermilk Pancakes with fresh Fruit 2% Milk	Yogurt with Fruit 2% Milk
Lunch	Cheese Pizza with Veggie Sticks Water	Hearty Chicken Vegetable Soup with Crackers Water	Macaroni and Cheese with Corn Water	Beef Burger on a Bun with Fresh Garden Salad Water	Avocado Cheese melt on an English Muffin with veggies Water
AFT. SNACK	Rice Cake with Fresh Fruit Milk/Water	Muffins with Fresh Fruit Milk/Water	Arrow Root Cookies with Fruit Milk/Water	Cheese cubes and Crackers Milk/Water	Mini Croissants with Fresh Fruit Milk/Water
MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Scrambled Eggs with Toast 2% Milk	Yogurt with Fruit 2% Milk	English Muffins with Fruit Spread 2% Milk	French Toast with Fruit 2% Milk	Cereal with Milk 2% Milk
Lunch	Perogies with Salad Water	Lasagna Water	Chicken Wrap with Garden Salad Water	Alfredo Pasta served with Broccoli Water	Cheese Pizza with Veggie Sticks Water
AFT. SNACK	Bear Paws with Fresh Fruit Milk/Water	Gold Fish Crackers with Fresh Fruit Milk/Water	Granola Bar with Fresh Fruit Milk/Water	Oatmeal Cookies with Fresh Fruit Milk/Water	Banana Bread with Fruit Milk/Water

Effective: October, 2018